

**Positive thinking and assertive behavior
as predictors of psychological flow dimension
for Scholastically High Achieving university students**

Abstract

This research aimed at knowing the contribution of positive thinking and assertive behavior in predicting Psychological flow of a sample of university higher achievers. Analytical descriptive method was used as it is suitable for the nature of the research. The sample consisted of (130) high achiever students joining scientific and literary divisions at college of education, Minia university. The psychological adjustment scale prepared by (Amal A. Baza: 2009) was used in this study. The sub, scales of that scale were: positive time management aptitude, High level of work and activity, clarity and accessibility of goal, full engagement in task, keeping attention and facing challenge, enjoyment and motivation in performance, self awareness neglect ion, spontaneous performance. Positive thinking scale. And assertive behavior scale prepared by the two researchers (2012), and Verbal Intelligence scale prepared by Gaber A. Gaber & Mahmoud A. Omar (1993) were used in this study. Results indicated that: 1- No statistically significant differences between males and females in psychological flow and its dimensions. 2- No statistically significant differences between males and females in positive thinking and its dimensions. 3- No statistically significant differences between males and females in assertive behavior and its dimensions. 4- Statistically significant positive correlation relationship was found between students scores means of positive thinking, assertive behavior and psychological flow. 5- Positive thinking and assertive behavior predicted the psychological flow of the subjects.